

2024 Lourdes Women's Outdoor Track and Field Top Performances (Final)

100m Dash

Name	Date	Time
Paige Thomas	Mar. 23	14.07

200m Dash

Name	Date	Time
Natalie Samples	May 3	28.65

400m Dash

Name	Date	Time
Natalie Samples	Apr. 19	1:06.13

800m Run

Name	Date	Time
Aliyah Perez	May 3	2:30.45
Jenna Ramsey	Mar. 23	2:33.38
Laurynn Garcia	May 3	2:41.98
Madelynn DuBois	May 3	2:45.08
A'maya Hodges	May 3	2:46.23
Taylor Imus	May 3	2:51.28
Olivia Waterstradt	Mar. 23	3:04.71

1,500m Run

Name	Date	Time
* Jenna Ramsey	Apr. 19	4:57.92
Laurynn Garcia	May 3	5:33.42
Olivia Waterstradt	May 3	5:43.39
Madelynn DuBois	Apr. 19	6:02.73
A'maya Hodges	Mar. 23	6:34.99

3,000m Run

Name	Date	Time
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5,000m Run

Name	Date	Time
* Jenna Ramsey	May 3	19:43.29
Olivia Waterstradt	Apr. 27	22:32.76

10,000m Run

Name	Date	Time
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100m Hurdles

Name	Date	Time
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400m Hurdles

Name	Date	Time
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3,000m Steeplechase

Name	Date	Time
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4x100m Relay

Name	Date	Time
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Hodges, Worthy, Samples, Thomas	Mar. 23	54.58
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4x400m Relay

Names	Date	Time
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Hodges, Imus, Perez, Samples	May 3	4:30.2
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Ramsey, Perez, Waterstradt, Worthy	Mar. 23	4:40.50
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Samples, Imus, DuBois, Hodges	Apr. 19	4:47.07
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4x800m Relay

Names	Date	Time
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* Perez, Waterstradt, DuBois, Ramsey	May 2	10:31.70
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Pole Vault

Name	Date	Height
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High Jump

Name	Date	Height
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Long Jump

Name	Date	Distance
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Triple Jump

Name	Date	Distance
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Shot Put

Name	Date	Distance
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Discus

Name	Date	Distance
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Hammer Throw**Name****Date****Distance****Javelin****Name****Date****Distance**

* - School Record